

### INFORMATION ON GIVING HERBAL MEDICINES

- Herbal liquids must be diluted in warm water or broth unless otherwise instructed. Dilute according to your animal's taste but dilute with at least an equal volume of warm water. It may be given with a small amount of tasty food or liquid.
- Herbal powders may be given with a small amount of tasty food or diluted in water.
- Herbal pills are given into the mouth.
- An herbal tisane is made like loose leaf tea i.e. Warm the pot or infuser and add 1 -2 teaspoons of dried herb per cup of boiling water. Add boiling water and ensure the container is covered e.g. lid or saucer. Infuse for 10-15 minutes, allow infusion to cool and give as directed.
- Dried herbal mixes may be given to livestock in a small amount of bland feed.
- Check instructions for external preparations, as they may need to be diluted.
- If the medicine is spilled, please do not return it into the container.
- Store the medicines in the container in which they were dispensed unless otherwise instructed.
- Store the medicines out of direct sunlight, away from extremes of temperature and damp and out of reach of children.
- Finish the course of herbal medicine unless otherwise instructed.
- Please contact me if you have difficulty giving the herbal medicine or any questions.
- There may be restrictions on the use of certain plant medicines in competition animals and food producing animals, including horses.
- There is a potential for interactions between herbal medicines and other medications. It is very important that all vets involved in the care of your animal are kept informed of the medications that your animal is receiving.
- Do not alter any pharmaceutical medication that a vet has prescribed unless advised to do so.
- It is rare for new symptoms or adverse effects to appear during treatment with herbal medicines. Symptoms are usually mild and settle down soon after the medicine is stopped. New symptoms may be part of the healing process rather than an adverse reaction. Please call me if you are concerned or have questions.
- Once your animal's condition appears to have resolved it may be appropriate to gradually reduce the dose rather than abruptly discontinuing the medicine. Please contact me for advice or discuss at review consultation.
- Please stay in contact with me, report on your animal's progress & attend review consultations as instructed.
- Please return amber glass bottles and jars for sterilisation and re-use.
- Other instructions:

**02 6687 0675**

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